the YMCA

RIVER CROSSING YMCA

LATE FALL

PROGRAM GUIDE

Deer Path | Nov 1–Dec 22, 2024

Welcome to River Crossing YMCA's late fall program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

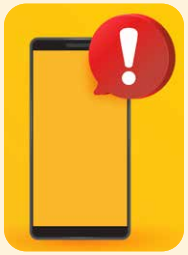
IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! Click here to learn more.

PROGRAM REGISTRATION DATES:

- **Family Members: Oct 23** (online, phone or in-person)
- **Member: Oct 25** (online, phone or in-person)
- **Non-member: Oct 28** (online, phone or in-person)

NOT A MEMBER? Click here to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: Click here to sign up.

Having trouble opting in? Or already in the system but need to add new locations? Click here to email Brittney for help.

MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, **we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues.** Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! **Click here to learn more.**

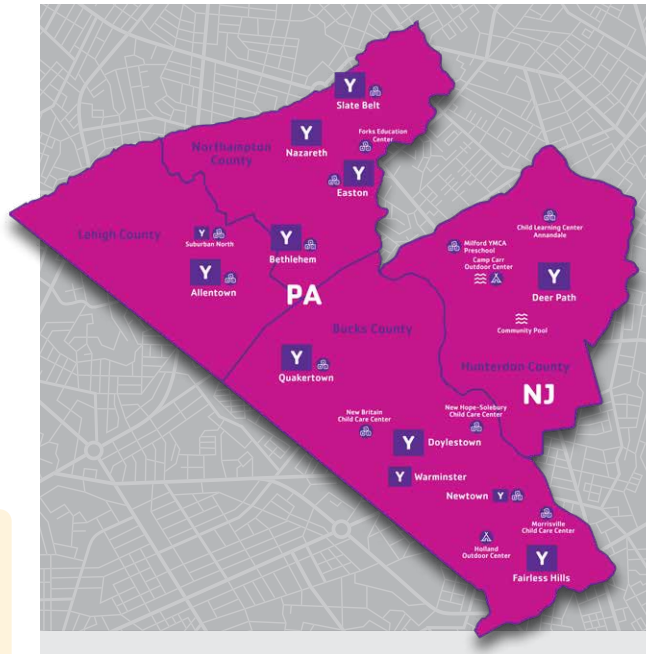
Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details **click here or scan the QR code.**

UPCOMING EVENTS AT THE Y Click here to learn more.

HOLIDAYS

In observance of holidays, the Y will be closed on 11/28 and 12/25, and will close at 1 PM on 12/24, 12/31 and be open 8 AM-1 PM on 1/1.



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit

ymcarivercrossing.org

Allentown
425 South 15th Street
Allentown, PA 18102
Click here for hours and amenities

Bethlehem
430 East Broad Street
Bethlehem, PA 18018
Click here for hours and amenities

Deer Path
144 West Woodschurch Road
Flemington, NJ 08822
Click here for hours and amenities

Doylestown
2500 Lower State Road
Doylestown, PA 18901
Click here for hours and amenities

Easton/Phillipsburg
1225 West Lafayette Street
Easton, PA 18042
Click here for hours and amenities

Fairless Hills
601 South Oxford Valley Road
Fairless Hills, PA 19030
Click here for hours and amenities

Nazareth
33 South Main Street
Nazareth, PA 18064
Click here for hours and amenities

Newtown
190 South Sycamore Street
Newtown, PA 18940
Click here for hours and amenities

Quakertown
401 Fairview Avenue
Quakertown, PA 18951
Click here for hours and amenities

Slate Belt
315 West Pennsylvania Avenue
Pen Argyl, PA 18072
Click here for hours and amenities

Suburban North
880 Walnut Street
Catasauqua, PA 18032
Click here for hours and amenities

Warminster
624 York Road
Warminster, PA 18974
Click here for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. Click here to register.

FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. InBody Body Composition Scans are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. **For questions, prices, or to book a training package click here or scan the QR code.**

GROUP EXERCISE

Group exercise classes are included free with membership. Click here for schedules and reservations.

Sips & Berries

OPEN at the Doylestown branch!
Sips and Berries serving delicious smoothies and other healthy treats!

LATE FALL PROGRAMS

GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules click here.

AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. Click here to learn more.

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown) and aquatic group exercise classes. Bucks aquatic exercise classes are available via a reservation system.

SCAN TO LEARN MORE

Give the Gift of Health this Holiday Season!

Personal training and Myzone MZ-3 heart rate monitors make the perfect gift for you or a loved one! For only $99 you can get two (2) 30-minute personal training sessions and a Myzone MZ-3 belt, making the perfect gift for the fitness enthusiast in your life. This holiday promo is available exclusively to River Crossing YMCA members.

- **Available through December 31, 2024**
- **Personal training sessions must be used by January 31, 2025.**

DOYLESTOWN SKATEPARK: FALL HOURS

Mon–Thurs 4:30–8 PM; **Fri** 4:30–9 PM
Sat & Sun 12–6 PM

Hours and availability are subject to change due to weather conditions.

Click here for more information.

METRO ESPORTS GAMING LOUNGE: FALL HOURS

Doylestown Lounge
Mon–Fri | 2:30–9 PM
Sat & Sun | 2–6 PM

Fairless Hills Lounge
Mon–Thurs | 3–7 PM
Fri | 3–8 PM; Sat & Sun | 2–5 PM

Warminster Lounge
Mon, Wed, Fri | 3–7 PM
Tues, Thurs | 5–7 PM
Sat & Sun | 2–5 PM

STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

Click here for more information.

NOVEMBER ON US!

Join the Y November 20–30 and pay nothing until December 1!
ALL members of our community are invited to join one of our twelve branches across Bucks, Hunterdon, Lehigh and Northampton counties and pay nothing through November 30, 2024.

Free virtual wellness through December 20
We are inviting everyone in the community to utilize our Y Wellness 24/7 virtual platform for free, providing access to thousands of weekly live and on-demand health and wellness programs for all abilities and interests.

Visit ymcarivercrossing.org for more information!

Member Referral Program

Current members will receive $30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

CAUSE MEMBERSHIP

This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR CLICK HERE TO LEARN MORE!

River Crossing YMCA is the nonprofit charity transforming **millions of dollars into moments** of impact. Click here to learn more.

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at ymcarivercrossing.org/hr or in person at the Welcome Center at one of our branches!

SMARTPHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for "bucks & hunterdon ymcas" using the "&"
3. Download to your phone
4. Use your personal information to create an account

Download our app for Android users

Download our app for iPhone users

Available on the App Store

GET IT ON Google Play

METRO ESPORTS

LATE FALL 2024

Stop by Doylestown to see a revamped and refreshed esports facility!

EVERY WEEK

FORTNITE FRIDAY
AT DOYLESTOWN

Every Friday, 4-6 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 4:00 PM

THE KNOCKBACK
AT DOYLESTOWN

Compete in the hottest fighting titles. Outsmart, outplay, and outfight opponents for victory and prizes in our dynamic platform brawler arena!

Every Wednesday | 4:00 PM

SPORTS SHOWDOWN
AT FAIRLESS HILLS

Compete in NBA2K, Madden, EA FC, and College Football every Monday at Metro Esports! Join Sports Showdown, climb leaderboards, and outplay opponents for epic rewards. Pro or underdog, the challenge is real!

Every Monday | 4:00 PM

ESPORTS LEADERS
AT DOYLESTOWN

Shape the future of gaming at the Doylestown Esports and Tech Lab through this unique esports volunteer opportunity. With hands-on experiences guided by Metro Esports staff, build resume-enhancing leadership, management, organizational, and tech skills as an Esports Team Leader. Whether you're a seasoned gamer, content creator, or just eager to be part of a vibrant community, you'll have the chance to become a leader and contribute your skills and passion to shape the future here at Metro!

Sign up, choose your schedule, make an impact, and lead the charge in esports!

Grades 7 to 12

FAIRLESS HILLS

MON - THU: 3:00 PM to 7:00 PM
FRI: 3:00 PM to 8:00 PM
SAT - SUN: 2:00 PM to 5:00 PM

ATHLETEARCADE

Bring your athlete mentality everywhere! Train on the court and dominate digitally in NBA2K, EA FC, and more. From drills to esports tactics, build skills, outplay opponents, and prove you're the ultimate competitor!

Thursdays at 6:40 PM

ESPORTS LEAGUE

Join six weeks of competitive play and esports instruction! Sign up solo or as a team to compete in games like Smash and Fortnite. Hone skills, collaborate, and enjoy healthy competition. No session on Nov. 30th

November 2 - December 14
Saturdays at 11:00 AM

CAMP DAY-OFF: ESPORTS & SPORTS CROSSOVER

A high-energy day blending esports and real sports! Improve skills on and off the court, compete in virtual and physical challenges, and team up with friends. Spend your day off pushing limits and making new friends!

Wednesday November 27 | 8:00 AM - 5:00 PM

RACING SIMULATOR

Metro Esports Doylestown just got a fantastic refresh! Be sure to stop by and check out all the brand new changes, including a racing simulator available as of now!

PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

WARMINSTER

MON / WED / FRI: 3:00 PM to 7:00 PM
TUE / THU: 5:00 PM to 7:00 PM
SAT / SUN: 2:00 PM to 5:00 PM

HOLIDAY PARTY

'Tis the season for cozy gaming! Warm up with Mario Kart, battle in Super Smash Bros, or relax with party games. Race to victory or chill with friends—this festive night has something for every gamer!

Saturday, December 21 | 2:00 PM

CAMP DAY-OFF: ROBLOX TECH ADVENTURES

Winter break starts here! Join our action-packed Roblox day camp—build, create, and explore! Collaborate, design your own worlds, and learn the tech and coding behind Roblox. Kick off winter break with creativity and fun!

Monday, December 23 | 8:00 AM - 5:00 PM

DOYLESTOWN

MON - FRI: 2:30 PM to 9:00 PM
SAT - SUN: 2:00 PM to 6:00 PM

CAMP DAY-OFF: BUILDING GAMES IN FORTNITE

School's out on November 5th! Build games and shape your world with Fortnite at Metro Esports. Turn ideas into playable realities with expert guidance—ideal for aspiring game designers and STEM enthusiasts!

Tuesday, November 5

TABLETOP GAME NIGHT - COMMUNITY EVENT

Whether you love strategy or casual fun, Tabletop Game Night has board games and digital classics for everyone. Join us for a lively atmosphere—perfect for families, friends, and newcomers to learn or compete!

Friday, December 6

GAME NIGHT: SENSORY FRIENDLY

An evening of gaming for Abilities students—sensory-friendly, casual games in a safe, welcoming space! Play stress-free, build friendships, and connect with others who love gaming. Enjoy, relax, and have fun!

Saturday, December 14 | 12:00 PM

NINJAZONE®

COMING SOON TO OUR WARMINSTER BRANCH!

The NinjaZone program teaches kids wholebody movement and mind-body connection through a fusion of obstacle course training,gymnastics, parkour and character-building.

AQUATICS

Deer Path | Late Fall

PRIVATE SWIM LESSONS

Questions? Contact Jamie Sobel at
jsobel@ymcarivercrossing.org, 908.483.4928

Private Swim Lessons		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Private Swim Lessons	(4) 30-minute lessons	3 yrs+			$162	$267	
1:1 Ratio Student / Instructor	(8) 30-minute lessons	3 yrs+			$319	$526	
Semi-Private Swim Lessons	(4) 30-minute lessons	3 yrs+		*Pricing is per person*	$121	$200	
2:1 Ratio Student / Instructor	(8) 30-minute lessons	3 yrs+		*Pricing is per person*	$237	$391	

GROUP SWIM LESSONS

Questions? Contact Christie Stymiest at
cstymiest@ymcarivercrossing.org, 908.483.4927

Please select your child's level based on their age and ability. Contact Christie Stymiest to set up an appoinment for a free evaluation or: **View our Swim Lesson selector here**

Parent & Child Swim Lessons

All lessons are located in the Deer Path Pool

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
A / Water Discovery Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.	6-18 mos	Tue	9:15-9:55 AM	$88	$146	
	6-18 mos	Thu	9:15-9:55 AM	$88	$146	
	6-18 mos	Sat	9-9:40 AM	$88	$146	
	6-18 mos	Sun	9-9:40 AM	$88	$146	
B / Water Exploration Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.	19-36 mos	Thu	9:15-9:55 AM	$88	$146	
	19-36 mos	Sat	9-9:40 AM	$88	$146	
	19-36 mos	Sat	9:50-10:30 AM	$88	$146	
	19-36 mos	Sun	9:50-10:30 AM	$88	$146	
	19-36 mos	Sun	9:50-10:30 AM	$88	$146	

Gray classes are full at time of publication, but may re-open based on availability.

Preschool Swim Lessons

All lessons are located in the Deer Path Pool

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
1 / Water Acclimation Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	Tue	4-4:40 PM	$88	$146	
	3-5 yrs	Tue	4:50-5:30 PM	$88	$146	
	3-5 yrs	Tue	7:05-7:45 PM	$88	$146	

1 / Water Acclimation

3-5 yrs	Wed	4-4:40 PM	$88	$146
3-5 yrs	Wed	4:50-5:30 PM	$88	$146
3-5 yrs	Thu	4-4:40 PM	$88	$146
3-5 yrs	Thu	4:50-5:30 PM	$88	$146
3-5 yrs	Fri	4-4:40 PM	$88	$146
3-5 yrs	Fri	4:50-5:30 PM	$88	$146
3-5 yrs	Sat	9-9:40 AM	$88	$146
3-5 yrs	Sat	9:50-10:30 AM	$88	$146
3-5 yrs	Sat	10:40-11:20 AM	$88	$146
3-5 yrs	Sat	11:30 AM-12:10 PM	$88	$146
3-5 yrs	Sun	9-9:40 AM	$88	$146
3-5 yrs	Sun	9:50-10:30 AM	$88	$146
3-5 yrs	Sun	10:40-11:20 AM	$88	$146
3-5 yrs	Sun	11:30 AM-12:10 PM	$88	$146

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

3-5 yrs	Tue	4-4:40 PM	$88	$146
3-5 yrs	Tue	4:50-5:30 PM	$88	$146
3-5 yrs	Tue	7:05-7:45 PM	$88	$146
3-5 yrs	Wed	4:50-5:30 PM	$88	$146
3-5 yrs	Thu	4:50-5:30 PM	$88	$146
3-5 yrs	Fri	4-4:40 PM	$88	$146
3-5 yrs	Fri	4:50-5:30 PM	$88	$146
3-5 yrs	Sat	9-9:40 AM	$88	$146
3-5 yrs	Sat	9:50-10:30 AM	$88	$146
3-5 yrs	Sat	10:40-11:20 AM	$88	$146
3-5 yrs	Sun	9-9:40 AM	$88	$146
3-5 yrs	Sun	9:50-10:30 AM	$88	$146
3-5 yrs	Sun	10:40-11:20 AM	$88	$146

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	Tue	4:50-5:30 PM	$88	$146
3-5 yrs	Tue	7:05-7:45 PM	$88	$146
3-5 yrs	Wed	4-4:40 PM	$88	$146
3-5 yrs	Wed	4:50-5:30 PM	$88	$146
3-5 yrs	Thu	4-4:40 PM	$88	$146
3-5 yrs	Thu	4:50-5:30 PM	$88	$146
3-5 yrs	Fri	4:50-5:30 PM	$88	$146

3 / Water Stamina

3-5 yrs	Sat	9-9:40 AM	$88	$146
3-5 yrs	Sat	10:40-11:20 AM	$88	$146
3-5 yrs	Sun	9-9:40 AM	$88	$146
3-5 yrs	Sun	10:40-11:20 AM	$88	$146

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.

3-5 yrs	Tue	4:50-5:30 PM	$88	$146
3-5 yrs	Tue	7:05-7:45 PM	$88	$146
3-5 yrs	Wed	4:50-5:30 PM	$88	$146
3-5 yrs	Thu	4:50-5:30 PM	$88	$146
3-5 yrs	Fri	4:50-5:30 PM	$88	$146
3-5 yrs	Sat	9-9:40 AM	$88	$146
3-5 yrs	Sat	10:40-11:20 AM	$88	$146
3-5 yrs	Sun	9-9:40 AM	$88	$146
3-5 yrs	Sun	10:40-11:20 AM	$88	$146

School Age Swim Lessons

All lessons are located in the Deer Path Pool

1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
6-12 yrs	Tue	4-4:40 PM	$88	$146	
6-12 yrs	Tue	4:50-5:30 PM	$88	$146	
6-12 yrs	Tue	7:05-7:45 PM	$88	$146	
6-12 yrs	Wed	4-4:40 PM	$88	$146	
6-12 yrs	Wed	4:50-5:30 PM	$88	$146	
6-12 yrs	Thu	4-4:40 PM	$88	$146	
6-12 yrs	Thu	4:50-5:30 PM	$88	$146	
6-12 yrs	Fri	4-4:40 PM	$88	$146	
6-12 yrs	Fri	4:50-5:30 PM	$88	$146	
6-12 yrs	Sat	9-9:40 AM	$88	$146	
6-12 yrs	Sat	9:50-10:30 AM	$88	$146	
6-12 yrs	Sat	10:40-11:20 AM	$88	$146	
6-12 yrs	Sat	11:30 AM-12:10 PM	$88	$146	
6-12 yrs	Sun	9-9:40 AM	$88	$146	
6-12 yrs	Sun	9:50-10:30 AM	$88	$146	
6-12 yrs	Sun	10:40-11:20 AM	$88	$146	
6-12 yrs	Sun	11:30 AM-12:10 PM	$88	$146	

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Tue	4-4:40 PM	$88	$146
6-12 yrs	Tue	4:50-5:30 PM	$88	$146
6-12 yrs	Tue	7:05-7:45 PM	$88	$146
6-12 yrs	Wed	4:50-5:30 PM	$88	$146
6-12 yrs	Thu	4:50-5:30 PM	$88	$146
6-12 yrs	Fri	4-4:40 PM	$88	$146
6-12 yrs	Fri	4:50-5:30 PM	$88	$146
6-12 yrs	Sat	9-9:40 AM	$88	$146
6-12 yrs	Sat	9:50-10:30 AM	$88	$146
6-12 yrs	Sat	10:40-11:20 AM	$88	$146
6-12 yrs	Sun	9-9:40 AM	$88	$146
6-12 yrs	Sun	9:50-10:30 AM	$88	$146
6-12 yrs	Sun	10:40-11:20 AM	$88	$146

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	Tue	4:50-5:30 PM	$88	$146
6-12 yrs	Tue	7:05-7:45 PM	$88	$146
6-12 yrs	Wed	4:50-5:30 PM	$88	$146
6-12 yrs	Thu	4-4:40PM	$88	$146
6-12 yrs	Thu	4:50-5:30 PM	$88	$146
6-12 yrs	Fri	4-4:40PM	$88	$146
6-12 yrs	Fri	4:50-5:30 PM	$88	$146
6-12 yrs	Sat	9-9:40 AM	$88	$146
6-12 yrs	Sat	9:50-10:30 AM	$88	$146
6-12 yrs	Sat	10:40-11:20 AM	$88	$146
6-12 yrs	Sat	11:30 AM-12:10 PM	$88	$146
6-12 yrs	Sun	9-9:40 AM	$88	$146
6-12 yrs	Sun	9:50-10:30 AM	$88	$146
6-12 yrs	Sun	10:40-11:20 AM	$88	$146
6-12 yrs	Sun	11:30 AM-12:10 PM	$88	$146

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	Tue	4:50-5:30 PM	$88	$146
6-12 yrs	Tue	7:05-7:45 PM	$88	$146
6-12 yrs	Wed	4:50-5:30 PM	$88	$146
6-12 yrs	Thu	4-4:40PM	$88	$146
6-12 yrs	Thu	4:50-5:30 PM	$88	$146

4 / Stroke Introduction

6-12 yrs	Fri	4-4:40PM	$88	$146
6-12 yrs	Fri	4:50-5:30 PM	$88	$146
6-12 yrs	Sat	9-9:40 AM	$88	$146
6-12 yrs	Sat	9:50-10:30 AM	$88	$146
6-12 yrs	Sat	10:40-11:20 AM	$88	$146
6-12 yrs	Sat	11:30 AM-12:10 PM	$88	$146
6-12 yrs	Sun	9-9:40 AM	$88	$146
6-12 yrs	Sun	9:50-10:30 AM	$88	$146
6-12 yrs	Sun	10:40-11:20 AM	$88	$146
6-12 yrs	Sun	11:30 AM-12:10 PM	$88	$146

5 / Stroke Development

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	Tue	4-4:40 PM	$88	$146
6-12 yrs	Tue	7:05-7:45 PM	$88	$146
6-12 yrs	Wed	4-4:40 PM	$88	$146
6-12 yrs	Thu	4-4:40PM	$88	$146
6-12 yrs	Thu	4:50-5:30 PM	$88	$146
6-12 yrs	Fri	4-4:40 PM	$88	$146
6-12 yrs	Sat	10:40-11:20 AM	$88	$146
6-12 yrs	Sat	11:30 AM-12:10 PM	$88	$146
6-12 yrs	Sun	10:40-11:20 AM	$88	$146
6-12 yrs	Sun	11:30 AM-12:10 PM	$88	$146

6 / Stroke Mechanics

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	Tue	4-4:40 PM	$88	$146
6-12 yrs	Tue	7:05-7:45 PM	$88	$146
6-12 yrs	Wed	4-4:40 PM	$88	$146
6-12 yrs	Thu	4-4:40PM	$88	$146
6-12 yrs	Thu	4:50-5:30 PM	$88	$146
6-12 yrs	Fri	4-4:40 PM	$88	$146
6-12 yrs	Sat	10:40-11:20 AM	$88	$146
6-12 yrs	Sat	11:30 AM-12:10 PM	$88	$146
6-12 yrs	Sun	10:40-11:20 AM	$88	$146
6-12 yrs	Sun	11:30 AM-12:10 PM	$88	$146

Teen & Adult Swim Lessons

Teen & Adult Swim Lessons

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

All lessons are located in the Deer Path Pool

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Teen - 1-3 / Swim Basics	12-17 yrs	Sat	12:15-12:55 PM	$88	$146	
Teen - 1-3 / Swim Basics	12-17 yrs	Sun	12:15-12:55 PM	$88	$146	
Adult - 1-3 / Swim Basics	18 yrs+	Sat	12:15-12:55 PM	$88	$146	
Adult - 1-3 / Swim Basics	18 yrs+	Sun	12:15-12:55 PM	$88	$146	

SWIM TEAM

Questions? Contact Jamie Sobel at jsobel@ymcarivercrossing.org, 908.483.4928

Stingrays Swim Team

Stingrays is a year-round competitive swim team offering high-quality, professional, coaching and technique instruction for ages 6 to 18 years. Our team competes in both YMCA and USA Swim meets. The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability from the novice swimmer and beyond while instilling the YMCA core values.

All of our coaches, as members of the American Swimming Coaches Association, have access to the most comprehensive trainings and certification programs for youth coaches of any sport in the United States. They provide assurances that the time children spend in swimming will be quality time. To schedule a tryout or for more information contact: Competitive Aquatics Director, Jamie Sobel, 908.483.4928, jsobel@ymcabhc.org.

Competitive Team

Fees are charged monthly on the 1st according to the following fee schedule:

	September-February	April-May	June-July	2024-2025 Total Fee
Little Stingrays	$162	$116	$104	$1,409
Junior 1	$188	$129	$129	$1,644
Junior 2	$200	$200	$180	$1,955
Pre Senior	$213	$212	$195	$2,094
Senior 1B	$259	$246	$230	$2,507
Senior 1A	$303	$259	$246	$2,831

Stingrays Private Lessons

	Member FLAT FEE	Non-member FLAT FEE	Location
(1) 30-minute lessons	$39	n/a	
(2) 30-minute lessons	$77	n/a	
(4) 30-minute lessons	$154	n/a	

Stroke & Turn - Swim Clinic

Stroke & Turn Clinic

Prerequisite: Students must have completed level 6 swim lessons or set up an evaluation.

Participants focus on stroke technique and distance. Open turns, flip turns, and diving starts are introduced. Age appropriate games, drills, and activities encourage practice which builds endurance and technical proficiency while learning about competitive swimming. 1:8 ratio (Not part of Competitive Swim Team)

Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
6-12 yrs	Tue	7 PM-8 PM	$93	$153	Lap Pool
6-12 yrs	Sat	11:30 AM-12:30 PM	$93	$153	Lap Pool
6-12 yrs	Sun	11:30 AM-12:30 PM	$93	$153	Lap Pool

COMMUNITY AQUATIC PROGRAMS

Questions? Contact Christie Stymiest at cstymiest@ymcarivercrossing.org, 908.483.4927

Special Olympics Dolphin Swim Team

Special Olympics Dolphin Area 4 Swim Team

The Y's Special Olympics Dolphins swim team season runs from October through the end of May culminating with attendance for qualifying swimmers at the Summer Games in Trenton during the first week in June. Swim Team practices run on Mondays and Sundays from 4 to 5 pm. Interested swimmers must be able to swim at least one length of the pool and be able to follow the directions of a Coach and circle swim during practice. They must also submit a completed Special Olympics Medical Form and enrollment form. Please contact our Head Coach, Rita Read at rarinfo@comcast.net for more information including a try-out time.

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Practice starts Monday, October 7 (4-5 PM)	8 yrs+	Mon	4-5 PM	$0	$0	Pool Deck
	8 yrs+	Sun	4-5 PM	$0	$0	Pool Deck

AMERICAN RED CROSS CLASSES

Questions? Contact Christie Stymiest at cstymiest@ymcarivercrossing.org, 908.483.4927

Please visit website for full details on all American Red Cross Classes.

Lifeguard Training (Blended Full Course)

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
November 16 & 17	15 yrs+	Sat & Sun	8 AM-7 PM	$325	$375	Pool Deck

Lifeguard Training Recertification

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
November 17	15 yrs+	Sun	8 AM-7 PM	$150	$180	Pool Deck

SPORTS & ARTS

Deer Path | Late Fall

All programs are located at the Deer Path branch unless otherwise noted.

YOUTH SPORTS

Questions? Contact
dpyouthdevelopment@ymcarivercrossing.org

Youth Basketball Leagues (Beginning November 2024)

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Preseason Basketball Get ready for the Junior Sixers League with a 4-week preseason program. Session runs from November 5-November 26. Program works specifically on skill development and understanding of the game. Each class will end with a short game.	6-12 yrs	Tue	5:30-6:30 PM	$47	$78	Gymnasium
Junior Sixers Basketball *Registration deadline for Junior Sixers Basketball is November 10* Season runs 10 weeks from December 3-February 18. No games on Dec 24 or Dec 31. Each session will be 1 hour split between skill development and instructional game play. Each player will receive a reversible Junior Sixers jersey. Team size will be capped at 10 players. *Junior Sixers League Night will take place following the season on Saturday, March 29 at the Sixers vs Heat game. All families will have an opportunity to purchase tickets to the game. Players attending will have an opportunity to visit the Sixers practice facility prior to the game from 3-5 PM. Players will get a chance to play on the practice courts and tour areas of the facility.*	4-5 yrs	Tue	5-6 PM	$119	$196	Gymnasium
	6-8 yrs	Tue	6-7 PM	$119	$196	Gymnasium
	9-12 yrs	Tue	7-8 PM	$119	$196	Gymnasium

Youth Sports Classes

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Bubbles, Bounce, and Gym Gym is transformed into a play area with bubbles and activities designed to support skill development. Bouncing, climbing, sliding, and movement, complimented by music, craft option, and snack. Children ages 1.5-3 must have parent/guardian present. Session begins September 9.	1.5-5yrs	Mon	9:40-10:20 AM	$44	$73	Gymnasium
Ultimate Sports Rotate through different ultimate games. Games include NERF games, Obstacle courses, Dodgeball, Capture the Flag and more. Each class focuses on different skills used in gameplay.	5-7 yrs	Thu	4:45-5:30 PM	$44	$73	Gymnasium
Beginner Archery at Camp Carr Learn Archery with a certified USA Archery Coach. Introduces students to the basics of archery while developing strong problem-solving skills, increasing focus and determination, learning goal setting, and building confidence. Students will enjoy fun challenges that will culminate in an end-of-class exhibition.	7-11 yrs	Sat	10:30-11:45 AM	$44	$73	Camp Carr
Obstacle Ninja Run through an obstacle course like a ninja! Train to do just that with strength and conditioning exercises, daily challenges, and ninja courses.	1.5-3 yrs	Sun	9:15-9:55 AM	$44	$73	Gymnasium
	4-6 yrs	Sun	10:10-10:50 AM	$44	$73	Gymnasium
	7-10 yrs	Sun	11-11:40 AM	$44	$73	Gymnasium

Karate & Martial Arts

Questions? Contact Jack Atwell with questions at jatwell@ymcarivercrossing.org

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Kids Karate - Beginner Elements of balance, coordination and agility will be taught. Basic Karate techniques will be introduced.	5-6 yrs	Sat	9-9:45 AM	$44	$73	Gymnasium
Youth Martial Arts - Beginner (White Belts) Get your body and mind active! Beginner students will learn the basic blocks, kicks, forms, strikes and self-defense in the Isshinryu style of Karate. Students will develop self-confidence, self-control and respect for themselves and others.	7-14 yrs	Sat	10-11 AM	$66	$109	Gymnasium
Youth Martial Arts - Intermediate (Yellow, Orange, & Green Belts) Advanced students continue their journey in Isshinryu Karate with techniques and self-defense strategies. Develop stamina, mental focus and camaraderie with fellow students. Controlled sparring introduced.	7-14 yrs	Sat	11:15 AM-12:15 PM	$66	$109	Gymnasium
Black Belt/Brown Belt Martial Arts Learn advanced techniques and concepts. Students will pursue an in depth analysis of kata, sparring and self-defense, as well as the mental and spiritual aspects that will help them move forward.	10 yrs+	Sat	12:30-2 PM	$72	$118	Gymnasium
Adult Martial Arts Traditional Martial Arts class taught in a comfortable environment. Attain mental and physical growth. Learn to defend yourself, relieve stress and have fun.	15 yrs+	Mon	7-8:30 PM	$72	$118	Gymnasium

Free Member Classes

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Run, Jump, Tumble Fun Play on our indoor gymnastic equipment playground. Great place to let out energy. Parents are required to stay with children.	0-5 yrs	Wed	9:40-10:20 AM	$0	n/a	Gymnasium

ARTS & HUMANITIES

Questions? Contact
dpyouthdevelopment@ymcarivercrossing.org

Youth Classes

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Drones 101 In this exciting class, kids will become drone pilots! Each child receives their very own mini drone to keep and learn to fly. We'll cover the basics of drone safety and control, practice cool maneuvers, and even have some friendly flying competitions. It's the perfect way to introduce kids to the amazing world of drones and STEM in a fun, hands-on way. No prior experience necessary!	6-10 yrs	**Tuesdays Nov 5 to Dec 10**	5:30-6:10 PM	$66	$109	Gymnasium

Dance

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Appropriate Dance attire required. ***Pre Ballet/Ballet:*** *Girls-leotard (any style/color), tights, ballet slippers (canvas or leather); Boys-dance pants/shorts, t-shirt, ballet slippers (canvas or leather).* ***Tap:*** *any style tap shoes.*						
Petite Feet A wonderful introduction to the joy of dance! Children will march, jump, and twirl as they learn ballet using props, imagery, and games. Children will develop grace and coordination in a fun, nurturing environment. Child must be able to separate from parent.	3-4 yrs	Thu	4:30-5:10 PM	$44	$73	Multi-Purpose Room
	3-4 yrs	Sat	10:50-11:30 AM	$44	$73	Multi-Purpose Room

Ballet 1 / Tap The perfect combination class for 4 to 6 year olds - Ballet promotes coordination, balance, and grace while tap develops a sense of rhythm, timing, and musicality. An exciting introduction to dance!	4-6 yrs	Tue	5:30-6:30 PM	$55	$91	Multi-Purpose Room
	4-6 yrs	Sat	11:45 AM-12:45 AM	$55	$91	Multi-Purpose Room
Ballet 2 & 3 / Tap This combination of ballet and tap dance will further develop the dance skills learned at the previous level. Focus will be on technique and strength. Tap basics will be expanded.	7 yrs+	Thu	5:30-6:30 PM	$55	$91	Multi-Purpose Room
	7 yrs+	Sat	1-2 PM	$55	$91	Multi-Purpose Room
Adult Tap 1 This class is for students who have learned basic tap steps and vocabulary. Should have completed at least one year of tap. Students will learn new vocabulary and develop a strong foundation of tap technique	18 yrs+	Thu	6:45-7:45 PM	$55	$91	Fitness Studio
Adult Tap 2 For students who have good knowledge of all tap vocabulary. Students will be introduced to more advanced concepts in musicality and more complex combinations	18 yrs+	Tue	7-8 PM	$55	$91	Fitness Studio
Absolute Beginnner Tap Perfect for the student just starting their tap dance journey, or with less than 1 year of tap dance experience. Students will learn basic tap dance vocabulary, technique, and musicality.	18 yrs+	Wed	10:15-11:15 AM	$55	$91	Fitness Studio

ADULT & TEEN SPORTS

Questions? Contact
dpyouthdevelopment@ymcarivercrossing.org

Teen Sports

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
River Crossing YMCA Girls Volleyball League - Begins January 7 *Monthly draft fee collected on the 1st of each month, January to May* The Girls Volleyball League is designed for young athletes from all counties to develop their volleyball skills, build confidence and compete against others across our association. This team-based program is the perfect next step for those who have completed our skills clinic, offering an opportunity to put their training into action in a supportive, competitive environment. Players will refine techniques, learn team dynamics and participate in exciting matches, all while fostering friendships and leadership qualities. All players must be River Crossing YMCA members. Teams will practice 1x per week starting in January. Our league wll host 3 tournament days: March 15 - Quakertown YMCA April 12 - Fairless Hills YMCA May 17 - Doylestown YMCA	Gr 7-8	Tue	6:30-7:30 PM	$55	N/A	Gymnasium

Adult Sports

	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
Women's Basketball Pick-up style format. **Starting December 2024**	18 yrs+	Sun	6-7:30 PM	$0	$22	Gymnasium
Adult Futsal Pick-up style format. Open Play.	16 yrs+	Tue	6:30-7:30 PM	$0	$22	Gymnasium

PICKLEBALL

Questions? Contact
dpyouthdevelopment@ymcarivercrossing.org

Adult & Teen Pickleball	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
View our website for a full list of group play times available to members:	**Pickleball Schedule - All Branches**					
Beginner Pickleball Clinic If you have never played pickleball or recently started, this is the clinic for you. Join the fastest growing sport in the country! Clinics cover basic stroke production and technique, scoring, court positioning and basic strategy. Each clinic will have 6 participants and 1 instructor.	18 yrs+	Wed	11 AM-12 PM	$26	$43	Indoor Courts

FAMILY & COMMUNITY

Deer Path | Late Fall

FAMILY & TEEN

Questions? Contact Pam Gardinsky
at pgardinsky@ymcarivercrossing.org

Family Events

Join us for Fun Family Fridays! Each Friday one of our branches will host a free activity for our family memberships. Only one member of the family needs to register.

	Age	Date	Time	Member FLAT FEE	Non-member FLAT FEE	Location
S.T.E.A.M Challenge Challenge your mind with unique STEAM challenges made for all members of the family.	All Ages	**Fri 11/1**	5-7 PM	$0	n/a	Deer Path Gym
NINJA Mega Course Get ready to jump, climb, and race through our epic Ninja Warrior Challenge! Balance, swing, and crawl your way through thrilling obstacles and test your ninja skills. Are you up for the challenge?	3-12 yrs	**Fri 11/15**	5-7 PM	$0	n/a	Deer Path Gym

Parents Night Out (PNO)

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Parent's Night Out Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)	3 mos-12 yrs	Fri	5:30-9 PM	*Pricing listed below*		Stay & Play
	(1) child			$31	$51	
	(2) children *(requires phone / in-person registration)*			$43	$71	
	(3) children *(requires phone / in-person registration)*			$51	$84	
	Each additional child			$8	$13	

Late Fall 2024	Winter 2025	Spring 2025
Fri Nov 8, Fri Nov 22	Fri Jan 10, Fri Jan 24	Fri Mar 14, Fri Mar 28
Fri Dec 13, Fri Dec 20	Fri Feb 14, Fri Feb 28	Fri Apr 11, Fri Apr 25

Day Off School Camp

	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Day Off School Camp Make the most of your child's school days off with the YMCA's Day Off School Camp, where fun and enriching activities await. From art and music to sports, games, and supervised swimming, our program offers a dynamic and engaging environment for kids to enjoy their time off school. Join us for days filled with creativity, adventure, and social interaction within the secure and supportive setting of the YMCA.	5-12 yrs	*Varies*	8 AM-5:30 PM	$61	$82	

Late Fall 2024	Winter 2025
Fri Nov 29 | Mon Dec 23 | Thu Dec 26, Fri Dec 27, Mon Dec 30	Mon Feb 17

STAY & PLAY

Questions? Contact Pam Gardinsky
at pgardinsky@ymcarivercrossing.org

Member Use - Open Hours

Visit our branch website for more detailed information

Children 12 weeks through 13 years can play and have fun in Stay & Play while you workout or utilize the facility. Stay & Play is provided free of charge for up to two hours per day to Adult, Adult Couple, Family 1 and Family 2 membership type categories.

12 wks-13 yrs	Mon-Thu 8:30-11:30 AM Mon-Thu 4-7:30 PM	Fri 8:30-11:30 AM Sat 8-12:30 PM

AMERICAN RED CROSS COMMUNITY CLASSES at ROUND VALLEY

Questions? Contact Jeanne Imholz
at jimholz@ymcabhc.org

Lay Responder CPR/AED & First Aid	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Classes located at the Round Valley site - 1410 Route 22 West, Annandale, NJ 08801						
Lay Responder CPR/AED & First Aid Certification	18 yrs+	Sat	11 AM-3 PM	$115	$140	
American Red Cross Community Certification Class. This comprehensive class includes an Adult, Child, Infant CPR/AED/First Aid 2 Year Certification. Classes are subject to change based on enrollment. Confirmation via email sent the week before class. Classes are non-refundable. 18 yrs or older.		**Sat 11/9**				Round Valley Admin House Conference Room
		Sat 12/7				

Lifeguard trainings are also available - view listings under Deer Path Aquatics / American Red Cross Classes

WELLNESS TOOLS & PROGRAMS

Personal Training & Myzone Holiday Promo

	Member FLAT FEE	Non-member FLAT FEE
Personal Training & Myzone MZ-3 Holiday Promo - Beginning November 18 *Personal Training sessions must be used by January 31, 2025*		
Give the gift of health this holiday season. Personal training and Myzone MZ-3 heart rate monitors make the perfect gift for you or a loved one! For only $99 you can get two (2) 30-minute personal training sessions and a Myzone MZ-3 belt, making the perfect gift for the fitness enthusiast in your life. Myzone MZ-3 belts are available to all River Crossing YMCA members. Join the River Crossing YMCA Myzone Tribe for more community, connection, and accountability!	$99	n/a

Maintain, Don't Gain - Holiday Challenge

Maintain, Don't Gain - Launches Monday, November 25

You Are Not Alone! Come together for encouragement and accountability this holiday season so that we not only "survive" but thrive as we move into 2025! Maintaining healthy habits - fueling the body with nutritious foods, drinking enough water, getting daily movement, and ensuring proper sleep - these are the things that tend to take a back seat this time of year. Maintain, Don't Gain is the extra accountability you need to get through these next 6 weeks of leftover Halloween candy, feasts, holiday parties, stress, cocktails, cookie exchanges, and that feeling of not having enough hours in the day to get it all done.

How to participate: Weigh in on the scale at your branch with a Health & Wellness Y staff member at the beginning and end of the challenge. Stay within 3 pounds of your initial weight for a chance to win. You can lose more than 3 pounds and still qualify!

		Member FLAT FEE	Non-member FLAT FEE
Weigh-in on the scale at your branch with a Y team member:	First weigh-in the week of 11/18-11/24 (must be completed prior by 11/25 to qualify)	$15	n/a
	Final weigh-in the week of 1/2-1/6/24		

Frosty Returns - Frosty Fitness Challenge

	Member FLAT FEE	Non-member FLAT FEE
Frosty Returns - 5 Weeks! Monday, December 9, 2024 thru Sunday, January 12, 2025		
Do you wanna build a snowman? Frosty is back by popular demand, live and in person in the branches! Upon registration visit the Welcome Center to pick up your Frosty and punch card. Each visit counts toward earning a piece of your snowman. Visit the Y 15 times over 5 weeks from December 9, 2024 through January 12, 2025 to earn all pieces to build your snowman!	$0	n/a

Stay Well Coaching

Stay Well Coaching (12 yrs+)

Let River Crossing YMCA guide you on your health and wellness journey with Stay Well Coaching! Designed with friends in mind, sign up with a group of 3 or more to meet regularly for ten 60 minute in-person cessions. A Y fitness professional will work with your group in behavior change techniques, nutrition coaching, stress reduction, fitness, accountability, and support.

	Package Options	Member FLAT FEE	Non-member FLAT FEE
		Pricing is per person	
3 people	60 minutes - (10) Sessions	$209	$346
4 people	60 minutes - (10) Sessions	$187	$309
5 people	60 minutes - (10) Sessions	$165	$273

InBody Scan

				Member FLAT FEE	Non-member FLAT FEE
Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at $25 per scan.	12 yrs+	**Free every 3 months for YMCA members, with consulation**	*Additional available at:*	$25	$40

PERSONAL TRAINING

Questions? Contact Nicole Martorella
at nmartorella@ymcarivercrossing.org

Personal Training Club

Personal Training Club (12 yrs+)

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additonal need to register each month.

There is a three month minimum commitment in order to receive the discounted pricing.

	Package Options	Member MONTHLY	Non-member MONTHLY
30 minutes	(4) per Month / 1x per Week	$110	n/a
	(8) per Month / 2x per Week	$221	n/a
	(12) per Month / 3x per Week	$331	n/a
45 minutes	(4) per Month / 1x per Week	$179	n/a
	(8) per Month / 2x per Week	$357	n/a
	(12) per Month / 3x per Week	$536	n/a
60 minutes	(4) per Month / 1x per Week	$244	n/a
	(8) per Month / 2x per Week	$487	n/a
	(12) per Month / 3x per Week	$731	n/a

Personal Training

Personal Training Packages (12 yrs+)

One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

	Package Options	Member FLAT FEE	Non-member FLAT FEE
30 minutes	(5) Sessions	$160	$264
	(10) Sessions	$298	$491
45 minutes	(5) Sessions	$243	$400
	(10) Sessions	$463	$764
60 minutes	(5) Sessions	$325	$537
	(10) Sessions	$628	$1,037

First Time Client Promotion

Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.

45 minutes	(3) Sessions	$125	n/a

Partner Training

Partner Training Packages (12 yrs+)

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

	Package Options	Member FLAT FEE	Non-member FLAT FEE
		Pricing is per person	
45 minutes	(5) Sessions	$149	$246
	(10) Sessions	$265	$437
60 minutes	(5) Sessions	$193	$318
	(10) Sessions	$353	$582

Team Training

Team Training Packages (12 yrs+)

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

		Package Options	Member FLAT FEE	Non-member FLAT FEE
			Pricing is per person	
3 People *Pricing is per person*	**45 minutes**	(5) Sessions	$88	$146
		(10) Sessions	$154	$255
	60 minutes	(5) Sessions	$116	$191
		(10) Sessions	$209	$346
4 People *Pricing is per person*	**45 minutes**	(5) Sessions	$77	$127
		(10) Sessions	$132	$218
	60 minutes	(5) Sessions	$105	$173
		(10) Sessions	$187	$309
5 People *Pricing is per person*	**45 minutes**	(5) Sessions	$66	$109
		(10) Sessions	$110	$182
	60 minutes	(5) Sessions	$94	$155
		(10) Sessions	$165	$273

FAMILY & COMMUNITY

All Branches | Late Fall

For questions or inquiries on availability, contact:

Doylestown, Fairless Hills, Holland, Deer Path & Warminster - Alex Evenson, aevenson@ymcarivercrossing.org & Hannah Keller, hkeller@ymcarivercrossing.org

Quakertown - Danielle Leatherman, dleatherman@ymcarivercrossing.org

Camp Carr - Andy Cogen, acogen@ymcarivercrossing.org

PARTIES

After Hours Splash 'N Bash

After Hours Splash 'N Bash Party

This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 guests maximum. 15 min swim testing, 1 hr pool celebration, 15 min changing time and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.

**Warminster Branch party time may be adjusted if the facility is closing later.*

Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Deer Path	Saturday	5-7 PM	$406	$507
Doylestown	Saturday	6-8 PM	$406	$507
Fairless Hills	Saturday	5-7 PM	$406	$507
Quakertown	Saturday	5-7 PM	$406	$507
Warminster	Saturday	2:30-4:30 PM	$323	$404
	Additional hour at all branches:		$173	$173

Esports Parties

Love gaming? Celebrate your birthday at our new gaming lounge! Guests enjoy all lounge amenities and party space for food and cake. Ages 7 yrs+

			Member FLAT FEE	Non-member FLAT FEE
Esports Party during Open Lounge Hours	*(Shared Space with Community)*			
Doylestown Two Hour Party	Monday-Friday 4:30 PM-6:30 PM Saturday and Sunday 3:30 PM-5:30 PM		$365	$450
Fairless Hills Two Hour Party	Saturday 12-2 PM Sunday 10 AM-2 PM *(any two hour window in this range)*		$289	$384
Warminster Two Hour Party	Mon-Wed 5 PM-7 PM Saturday 11 AM-1 PM	Sunday 12-2 PM Sunday 2:30-4:30 PM	$289	$384
		Additional hour at all branches:	$160	$160
Esports After Hours Party				
Doylestown	Saturday 6 PM-8 PM		$499	$595
Fairless Hills	Saturday 5 PM-7 PM		$339	$434
		Additional hour at all branches:	$160	$160

Skatepark Party

	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Skatepark Party Available seasonally upon request, during shared hours with community members.	Doylestown	Saturday	3:30-5:30 PM	$323	$404

RENTALS

After Hours Full Facility Rental

	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Full Facility Rentals Pool, gymnasium, locker rooms, studios.	Deer Path	Saturday / Sunday	7-10 PM	$811	$1,054
	Doylestown		6-9 PM	$811	$1,054
	Fairless Hills		5-8 PM	$811	$1,054
	Quakertown		5-8 PM	$811	$1,054
			Additional hour at all branches:	$270	$270

Facility Space Rentals

		Branch Location	Day	Available Hours	Member RENTAL FEE	Non-member RENTAL FEE
Individual Space Rentals All rates listed are hourly	Teen Center / Pavilions	Doylestown	Sat / Sun	2-9:30 PM	$78	$156
				Additional fee for rentals after 6:00 PM:	$108	$108
	Outdoor Basketball Courts	Doylestown	Sat / Sun	12-5 PM	$27	$41
	Gymnasium	Quakertown		*Contact for availability*	$108	$108
	Auxiliary Gymnasium	Quakertown		*Contact for availability*	$81	$101
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30-2:30 PM	$323	$404
				Additional hour:	$173	$173
	Studio	Warminster	After Hours or Weekends 12 PM-2 PM		$108	$189
Holland Pool Rental	After Hours Only - Seasonal, Mid-June thru August		Saturdays	5-7 PM	$314	$376
				Additional hour:	$173	$173

Hunterdon County Seasonal Rentals

Camp Carr Rental	A campground that operates April 1st - October 31st. Facilities include 2 pavilions, field space, an outdoor swimming pool, and trails along the scenic South Branch of the Raritan River	*Email Andy Cogen at acogen@ymcarivercrossing.org for availability and pricing*